



# GROUP EXERCISE SCHEDULE

SUMMER 1 | MAY 20 - JUNE 21

2024

SUN	MON	TUE	WED	THU	FRI	SAT
19	20 6:00 PM - ZUMBA STUDIO 272/274	21 6:00 PM - NIGHT RIDE CYCLING STUDIO	22 6:00 PM - NIGHT RIDE CYCLING STUDIO	23 6:00 PM - ZUMBA STUDIO 272/274	24	25
26	27	28 6:00 PM - ZUMBA STUDIO 272/274	29 6:00 PM - NIGHT RIDE CYCLING STUDIO	30 6:00 PM - ZUMBA STUDIO 272/274	31	1
2	3 6:00 PM - ZUMBA STUDIO 272/274	4 6:00 PM - NIGHT RIDE CYCLING STUDIO	5 6:00 PM - NIGHT RIDE CYCLING STUDIO	6 6:00 PM - ZUMBA STUDIO 272/274	7	8
9	10	11 6:00 PM - NIGHT RIDE CYCLING STUDIO	12 6:00 PM - NIGHT RIDE CYCLING STUDIO	13	14	15
16	17	18	19	20	21	22

**PRE-REGISTRATION & DROP IN AVAILABLE >>>**  
[UND.EDU/GROUPEXERCISE](http://UND.EDU/GROUPEXERCISE)



CLASS OFFERINGS ARE SUBJECT TO CHANGE ON MOMENTS NOTICE. PLEASE REFER TO THE WELLNESS APP FOR THE MOST UPDATED SCHEDULE. ALL CLASSES 45 MINUTES LONG.