

LEADERS CAN START ANYWHERE... AND FINISH THEIR DEGREE AT UND

Courses are sequenced to provide guidance and to help ensure that prerequisites are met.

Catalog Year: 2022-2023

When you begin your Associate of Science Transfer Pathway at Williston State College.

Plan of Study: Bachelor of Science in Kinesiology (Track C: KIN Applications)

Begin courses at Williston State College		
First Year First Semester		
	ENGL 110: College Composition I	3
	BIOL 150: General Biology with Lab	4
	HIST 101, 102, 103, or 104 (Humanities)	3
	Choice from Social Sciences	3
	Health, Physical Education, and Recreation course of choice	2
	UNIV 100: College Strategies or UNIV 101: College Transitions	1
Total Credits		16
First Year Second Semester		
	ENGL 120: College Composition II	3
	COMM 110: Fundamentals of Public Speaking	3
	MATH 103: College Algebra	3
	Choice from Computer Science	4
	Choice from Humanities	3
Total Credits		16
Second Year First Semester		
	BIOL 220: Anatomy & Physiology I/lab	4
	NUTR 240: Principles of Nutrition	3
	HPER 241: Intro to Exercise Science	3
	Elective of choice	3
	Elective of choice	3
Total Credits		16
<p>Apply to UND by April 15</p> <ul style="list-style-type: none"> Complete online application at UND.edu/transfer Request Williston State College transcripts here to be sent to UND. <p>Apply for scholarships at UND by March 1</p> <ul style="list-style-type: none"> After admission submit application for campus-wide scholarships in UND's Scholarship Central 		
Second Year Second Semester		
	Choice from Math, Science, & Computer Science	3
	HPER 207: Prevention & Care of Injuries	2
	SOC 235: Cultural Diversity	3
	Elective of choice	3
	Elective of choice	3
Total Credits		14
<p>Admitted? Take next steps to begin at UND</p> <ul style="list-style-type: none"> Begin new Transfer Student Checklist Sign up for Orientation 		

Third Year First Semester		
	KIN 240: Intro to Wellness	2
	KIN 332/L: Biomechanics w/lab	3
	KIN 355: Applied Motor Development	3
	PHE 101: Intro to Public Health	3
	KIN 326: Fundamentals of Physical Conditioning	3
	PHE 102: Epidemiology in Public Health	3
	Total Credits	17
Third Year Second Semester		
	KIN 366/L: Motor Learning w/lab	3
	KIN 114: Strength Training	1
	KIN 404: Adapted Physical Activity	3
	KIN 446: Exercise Testing & Prescription	3
	KIN 236 (& pre-req): Team Sports Performance & Analysis	2
	PHE 305: Research Methods in KIN & PHE	3
	KIN 207L: Prevention & Care of Injuries Lab	1
	Total Credits	16
Fourth Year First Semester		
	KIN 491: Senior Capstone	3
	KIN 402/L: Exercise Physiology w/lab	4
	KIN 309: Water Safety Instruction	2
	KIN 376: Essentials of Personal Training (or KIN 375)	3
	KIN 401: Sport Sociology	3
	KIN 110: First Aid & CPR	1
	KIN 231 (& pre-req): Individual Sports Performance & Analysis	2
	Total Credits	18
Apply to graduate from UND		
	<ul style="list-style-type: none"> After registering for your last semester of courses, apply at UND.edu/commencement 	
Fourth Year Second Semester		
	KIN 440: Sport & Exercise Psychology	3
	PHE 306: Epidemiology & Biostatistics	3
	KIN 497: Internship	10
	Total Credits	16
	TOTAL CREDITS TO GRADUATE	129

This information is provided as guide only. Students are strongly encouraged to meet with their major specific UND advisor.

An official evaluation of transfer credit will be done upon admission to the university. Transfer credits will be evaluated and applied according to the current catalog and the approved Essential Studies list at the first semester of enrollment at UND.

Transfer credit for courses other than those listed above will be evaluated on a course-by-course basis.

Students are required to fulfill UND graduation and GPA requirements to receive a degree and should consult with their UND advisor and the undergraduate catalog for details.